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'HERE WE GO AGAIN'

'Mamma Mia' is ready for its encore. 13

GETTY IMAGES



MTA (briefly) tells commuters to say something if they see dogs onboard. 4

Could Le'Veon Bell land with the Jets in 2019? 20

THE BOOZEY TRUTH

A lot of people enjoy having a drink or two. But according to a recent study, close to half of all people who drink are drinking too much, and it's causing serious health problems. 6-7

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MORGAN ROUSSEAU, MANAGING EDITOR

Those of us who enjoy a few cocktails at the end of the day may think we're drinking in moderation, but let's be honest — it's easy to overdo it. We've all been there. One drink turns into four, and the next thing you know, you're loaded with regret and left questioning your social habits, and how it's impacting your health. If you're a regular drinker who's ever asked yourself, "Do I drink too much?" — the answer may surprise you. Turn to **pages 6-7** to find out some startling statistics that may have you passing on that next beer.

TWO REPORTED SHARK AT-
TACKS CLOSE FIRE ISLAND

Two shark attacks were reported off Fire Island National Seashore east of New York City on Wednesday, with officials analyzing a tooth removed from one teenage victim's leg to determine what bit him, authorities said. In the first attack, a 12-year-old girl was bit at about 11:15 a.m. EDT while wading in the waters of Sailors Haven in Brookhaven, said Elizabeth Rogers, spokeswoman for the National Park Service. The girl was able to walk to shore with help from her caregiver and was treated at a hospital. In the second attack, a 13-year-old boy

was boogie-boarding at Atlantic Beach in neighboring Islip when he was struck, said Islip spokeswoman Caroline Smith. "He had a series of puncture wounds on his leg," Smith said. A town lifeguard who attends medical school tended to the injured boy, a camper at an Islip town day camp, after the midday attack. "A tooth in the boy's leg was removed and is being analyzed to determine the species," Smith said. The boy walked onto and off a police boat en route to Southside Hospital, where was treated for non-life-threatening injuries.

JUDGE ORDERS ACCUSED
RUSSIAN AGENT JAILED

A judge on Wednesday ordered an accused Russian agent jailed until her trial after U.S. prosecutors argued she has ties to Russian intelligence and could flee the United States. Prosecutors have not charged the agent they identified as Maria Butina with espionage, but said she had been in contact with Russian intelligence operatives and kept contact information for several Russian agents. During a preliminary hearing in the U.S. District Court for the District of Columbia, the lead prosecutor in the case showed a photo of Butina in a Washington restaurant meeting

with someone whom they believe is a Russian intelligence agent. The 29-year-old former American University graduate student wore an orange prison jumpsuit in court and showed no emotion as her lawyer entered a not-guilty plea. Butina's next court appearance was scheduled for July 24. The government also displayed a copy of a handwritten note uncovered by the FBI at Butina's apartment asking how to respond to an employment offer from a Russian intelligence agency, as well as a photo of her standing in front of the U.S. Capitol on the day Donald Trump was sworn in as president.

JEFF FLAKE, PIG SELFIE

3 Sen. Jeff Flake, R-Ariz., takes a selfie with a pig at the 2018 Congressional Pig Book launch event hosted by Citizens Against Government Waste on Wednesday.



GETTY IMAGES

SENATE, AFTER HELSINKI,
EYES SANCTIONS

4 Sanctions targeting key Russian economic sectors would kick in swiftly if U.S. authorities determined the Kremlin had meddled again in a U.S. election, under a bill gaining momentum in the Senate on Wednesday. It was uncertain whether such a bill, or any other legislative response, could pass Congress after President Donald Trump at a Helsinki summit on Monday gave credence to Russian denials on the question of its interference in the 2016 U.S. election. Lawmakers, alarmed with Trump's conduct only days after U.S. authorities indicted

12 Russian spies on meddling charges, were trying to formulate a legislative response. Some have shied away from action, worried about how U.S. companies might be affected and how Trump might treat critics in an election year. But Senator John Cornyn, the Senate's second-ranking Republican, said Congress needed to do something, warning that Russia was sure to try to compromise November's congressional elections. "I have every confidence (Russia) will continue to try to up their game and create more chaos" this year, Cornyn told reporters in a Capitol hallway.

CUOMO: POSSIBLE CASE
AGAINST FOUNDATION

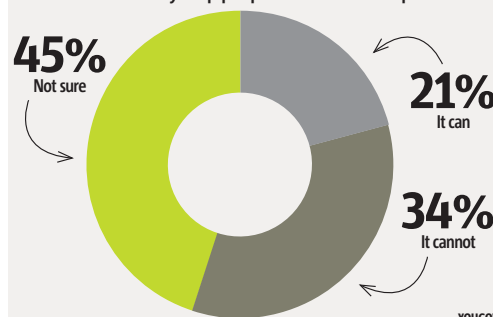
5 Gov. Andrew Cuomo on Wednesday opened the door to a possible criminal case against the Donald J. Trump Foundation, but the state attorney general's office said it had not determined that a criminal referral was warranted. "At Gov. Cuomo's direction, the state stands ready to provide the (New York) Attorney General with the appropriate criminal referral on this matter if and when she asks for it," Alphonso David, the governor's counsel, said in a statement. The state's attorney general, Barbara Underwood, filed a civil lawsuit

against President Donald Trump, three of his children and his foundation in June, saying Trump had illegally used the nonprofit as a personal "checkbook" for his own benefit, including his 2016 presidential campaign. Underwood would need a criminal referral to file a criminal suit. "We continue to evaluate the evidence to determine what additional actions may be warranted, and will seek a criminal referral from the appropriate state agency as necessary," Amy Spitalnick, a spokeswoman for Underwood, said in a statement.

STATS

DATING APPS & A.I.

Dating app Hinge has announced a new feature, which will use artificial intelligence to select a "most compatible" match for users. Do you think artificial intelligence software can or cannot accurately help people find a romantic partner?



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I was lucky to share my commute with this happy woof back in December, apologies for the Instagram filter. EVA KIS

MTA (briefly) tells commuters to call 911 if they see dogs riding the subway

On Wednesday, the MTA told subway riders to call 911 if they see a dog on a train outside of a carrier — and almost instantly walked it back.



EVA KIS
eva.kis@metro.us

The world is a terrible place right now, and sharing videos of urban wildlife — whether it's a pizza rat or just a dog trying to get a break from the heat on an air-conditioned subway car — is one of the few joys we have left. But the MTA briefly encouraged commuters to instead call 911 when they see a dog on the train.

It all happened shortly after midnight on Wednesday when the MTA's Twitter account @NYCTSubway butted into a post it wasn't tagged in by Gothamist editor Jen Chung, who was just sharing a video of a happy dog on the train (like you do).

"If you do see a dog on board, please alert 911 or the nearest train crew member," the MTA tweeted.

The predictable comments are full of incredulous New Yorkers pointing out other more pressing problems that should occupy the MTA's attention — like making the trains run at all, let alone who uses them.

It is illegal to have a dog outside of a carrier on the train, with an exception for service animals that must either be in a harness or on a leash. And there is precedent for a dog on the subway being dangerous: In April, 53-year-old Ruben Roncallo allowed his pit bull to sit on the bench next to a woman. The two began arguing, which escalated into the dog biting the woman's foot. He now faces reckless endangerment charges.

About 12 hours after New Yorkers let the MTA have it for trying to turn us into the next Permit Patty or Sidewalk Susie, @NYCTSubway backed off entirely from calling 911.

"Apologies, one of our colleagues was mistaken in his response. Please do not call 911 unless there is an emergency. We love cute doggos as much as you — but they need to be in carriers while riding on a train," the MTA tweeted.

But the carrier only rule — widely and sometimes hilariously stretched to its limit as New Yorkers simply carry their yellow

"I wanted to take a picture and tweet it but I was actually worried someone would call him out for not having his dog in a bag."

Kristin Toussaint

labs in Ikea bags and pugs in purses — is already having a chilling effect on dog content just as we need it most.

"Yesterday, I was on the C train and noticed a dog just on a leash, which was being held by its owner," Metro reporter Kristin Toussaint recalled. "I wanted to take a picture and tweet it (because I love dogs) but I was actually worried someone would call him out for not having his dog in a bag."

Apparently, fairly intensely. Look, "If you see something, say something" is a good policy, and you should report problem dogs, anything else that's out of the usual scope of NYC weirdness, to 911. But if you're fortunate enough to ride with a furry commuter, just call it out on social media instead.

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Back Surgery And Opioid Drug Use Declining Thanks to Use of Medical "Radio Waves"???

Modern Treatment stands to free thousands of New York Area pain sufferers from reduced mobility, stress and poor quality of life. Treatment may help avoid surgery or overuse of dangerous medication

NEW YORK CITY - If you are interested in relieving back pain or neck pain, getting back to basic daily activities without discomfort and having more energy, than this this will be the most exciting message you ever read.

Here is why:

There is a medical clinic in New York City called **NYC Pain MD**. Actually two of them... in different parts of the city. I'm not sure... but if I'm right... you may want to call them after reading this. If so, their phone number 877-278-8980.

Anyway... Here's Why This is So I Important

The doctors at **NYC Pain MD** have made a discovery of sorts. It's not a discovery as in they invented something new. It's a discovery about when and how they apply certain back pain treatments... that they have fine tuned... and perfected to get better results than they ever thought possible.

Countless patients are living proof. **And check this out:** What NYC Pain MD doc's actually use is called an "algorithm"... a special step-by-step formula starting with proper evaluation so you make sure to leap frog or bypass treatments that won't work... and find the ones that will work best for you in a little time as possible. Less trial and failure means better quicker results for the pain sufferer.

Now, you may have even heard about many these treatments. **But here's one I bet you may have never heard of... that might help you... and it's not an "epidural".**

This treatment is called:

"Radiofrequency Neurotomy." RF for short. RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your back or neck and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced precision medical imaging to target the damaged areas... done right in their own clinic without intimidating, expensive hospitals or surgical center... to "block" the painful nerve flow.

Two steps in the formula are performed. First, a test or diagnostic "Block" procedure is done to determine if the procedure is going

to decrease pain and improve function. If this first "test" procedure is successful, RF Neurotomy or "Radiofrequency" will be performed for longer term relief.

But... it's NOT just the Treatment alone that is the key ingredient

You see, the real secret is the *formula*. And that again starts with a proper screening evaluation to determine if you are a good candidate and may achieve the results you are looking forward to. This is always Step number one.

And the best part about this screening is... It's FREE

This screening will give you so much relief just knowing what is going on... and what your best options are.

That's right. **NYC Pain MD** offers this first step screening at no cost to patients. The only problem is... they often get over 100 inquiries a day as they also treat almost every painful area and joint. Sometimes its hard to get through. If you don't get through to someone when you call... keep calling... or leave a message... it will be well worth it.

But that's just the first step

After your free screening, if you qualify, the doctors will discuss the best treatment plan for you in a way that you can understand completely. Not all complex "doctor talk"...

This may be one... or a combination of the advanced medical treatments offered at **NYC Pain MD**.

Everything will be explained and all your questions will be answered. And even better:

You will be given all this At NO COST. **NYC Pain MD** doc's are not like used car salesman. They will not be giving you a sales pitch. They are doctors and will give you the best possible options to help your pain and offer to help you the best way they can. In fact, with up to 100 inquiries a day from patient's looking for relief, it's often hard to even get a treatment spot.

You should also know this: While **NYC Pain MD** cannot help everyone... so many have gotten the pain relief they were looking for.



NYC Pain MD offers Advanced Medical treatments for back and neck pain using modern techniques without hospitals or surgical centers.

One of the reasons they offer those first step free screenings, is because it has opened the door to so many people to get help that they never would have otherwise.

At the very least, you will finally have some direction and a plan. And... whether you have the best, worst or no insurance at all, **NYC Pain MD** programs can be made affordable to everyone

They do not want insurance issues... or *not* being rich or famous... to keep you away if you are suffering in pain.

There is a whole lot more I could say about their treatments etc... but this space is limited and that's best left for you and the doctors to discuss in person.

So... if you are even remotely interested... take the a first step give them a call at 877-278-8980 and ask for your free screening.

How To Schedule Your Risk-Free No-Obligation Screening Evaluation

When you call, tell the scheduling experts you are calling for the special "No Obligation Back Pain Screening Program". They will know exactly what you need to do and will find the next available and convenient spot in our in our schedule. So again, just call 877-278-8980. The lines get very busy so if you do not get a live scheduling coordinator, make sure to leave your name, number and time of your call on our voicemail. They will get back to you as soon as possible. Again, the number to call is 877-278-8980.



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How many adults drink too much? Of all the U.S. adults who drink alcohol, nearly half, according to a new report. ISTOCK

Nearly half of all US adults who drink alcohol drink too much

A new study out of Boston University found that many drink alcohol in amounts that can cause severe health effects.



KRISTIN TOUSSAINT
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Binge drinking is practically part of American culture — it's depicted in movies and nearly an assumed part of everyone's college life. But aside from those nights of partying, how many people drink too much in general?

A lot of people, it turns out. A new study out of Boston University found that out of all adults in the United States who drink alcohol, 40 percent drink too much, meaning in amounts that risk health consequences.

In the study, published this week in the *Journal of Substance Use*, Boston University School of Public Health researchers used data collected from interviews of more than 34,000 adults.

These people, deemed a "nationally representative sample," completed the National Epidemiologic Survey on Alcohol and Related Conditions in 2001–2002 and again in 2004–2005.

That survey assessed these participants' drinking in the past month, but what did researchers deem as "drinking too much? For men, "at-risk use" was defined as "more than 14 drinks per week on average, or more than four on an occasion," while for women it was more than seven per week, or more than three on an occasion. (This is a bit different from binge drinking, which the CDC says typically happens when men consume five or more drinks or women consume four or more drinks in about two hours.)

Not only did 40 percent of respondents report that they drink too much, meaning at-risk amounts, but 73 percent of those drinking risky amounts were still doing so two to four years later. Plus, 15 percent of those who had not been drinking risky amounts

began to do so by the time of the next survey.

The biggest predictor, researchers found, that someone would start to drink too much was their age: younger participants, especially those who were under the legal drinking age at the time of the first survey, were drinking at-risk amounts of alcohol by the second survey.

There's a slew of other factors that predict that someone will drink too much as well, like "being male, not married, becoming divorced or separated, being in the military, being in good or excellent health, smoking, drug use and having an alcohol use disorder."

40%

A new study out of Boston University found that out of all adults in the United States who drink alcohol, 40 percent drink too much, meaning in amounts that risk health consequences.

Predictors of continuing to drink too much are being younger, male, having an alcohol use disorder and using tobacco or other drugs. Predictors of transitioning to lower-risk alcohol use were being Black and/or Hispanic, receiving alcohol use disorder treatment and having children between the two rounds of the survey, according to researchers.

"These findings suggest that not only do many people who drink, drink amounts associated with health consequences, but that without intervention they are likely to continue to do so," said lead author Richard Saitz, professor of community health sciences at BUSPH, in a statement. "Screening or self-assessments, and counseling, feedback, or public health messaging have roles in interrupting these patterns. The predictors we identified may help target those efforts."

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Singles are more likely to drink alcohol, new Zoosk dating survey finds

Drinking and dating pretty much go hand-in-hand for many singles, but just how connected are the two? The answer is very, according to a new Zoosk dating survey. The online dating platform

compiled data from 8,793 members and analyzed 133,175 messages in its research. Among the most notable findings is that singles are more likely to drink alcohol.

In fact, 72 percent of respondents said they imbibe — and 32 percent of non-drinkers found it's harder to date when you don't. "Since grabbing drinks is such a common date sug-

"We found that nearly a third of single non-drinkers feel like their sobriety makes it more difficult to date."

Jenn Takahashi

gestion, it was interesting to see what the dating experience is like for those who don't drink," Zoosk Senior Communications Manager Jenn Takahashi told Metro. "We found that nearly a third of

single non-drinkers feel like their sobriety makes it more difficult to date. For Millennial non-drinkers, it's even more difficult — to the point where 10 percent admitted to pretending to drink on a date!"

Interestingly, 81 percent of non-drinkers would still date someone who drinks alcohol, and 86 percent of drinkers would date someone who doesn't drink. **NIKKI M. MASCAU**



Drinking and dating pretty much go hand-in-hand for many singles, but just how connected are the two? The answer is very, according to a new Zoosk dating survey. **PIXABAY**

DRINK UP THESE TIDBITS FROM THE ZOOSK DATING AND DRINKING STUDY

Here are a few interesting points from Zoosk's study

• First-date drinks

Nearly three-quarters, or 73 percent, of Zoosk dating survey respondents said grabbing drinks makes for an ideal first date, which 46 percent said is "easy and less formal." Twenty-seven percent find such dates "a good way to let your guard down and have a conversation."

• Early bird gets a predate drink

Ninety-two percent of singles think it's fine if their date orders a drink before they arrive, and just 2 percent said they'd judge them for doing so, while 6 percent would make a joke about it.

• Two-drink maximum

Daters should stick to a two-drink max, 55 percent of singles told the Zoosk dating survey, while 19 percent said three is fine, too.

• East Coast enjoys imbibing

Singles along the East Coast appear to enjoy first-date drinks the most, with Washington, D.C., Massachusetts, Delaware, and Maryland in the Top 4, and New Hampshire No. 6.

• Go local

According to the Zoosk dating survey, the local pub is the favorite type of bar for the majority of men, women and Millennials, while college bar is their least favorite.

• Opposites attract

Sixty-two percent of men opt for beer on dates, while 62 percent of women choose wine.

• Drinking and kissing

The Zoosk dating survey found that 60 percent of men think kissing is more fun after a few rounds. While 46 percent of women agree, 70 percent of millennial men and 57 percent of millennial women do, too.

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Airbnb host sues NYC, alleging city retaliated against him

This comes as City Council just passed a bill requiring Airbnb to disclose the names and addresses of its hosts.



KRISTIN TOUSSAINT
kristin.toussaint@metro.us



GETTY IMAGES

about their hosts, like names and addresses, to the Mayor's Office of Special Enforcement (OSE).

A week after his testimony, according to the complaint, Karol was visited by OSE investigators who issued him summonses demanding payment of \$32,000 in fines.

"Of all the Airbnb listings in the entire city, the city chose to go after mine — just days after I raised concerns that their hotel-backed legislation could jeopardize my privacy and rights," Karol said in a statement. "I believe that the city has sought to silence me, by not only saddling me with massive fines, but also making me feel unsafe in my own home. Such retaliation is not acceptable — and should be deeply disturbing to all New Yorkers."

An Airbnb host has filed a lawsuit against New York City on Wednesday, claiming city officials retaliated against him when he spoke out against legislation proposed by the New York City Council poised to crack down on the home sharing service.

Stanley "Skip" Karol, 58, owns a two-family home in Sunset Park. He is disabled and uses Airbnb to supplement his income from disability pay-

ments, according to the complaint. Without the option to share his home, his lawyers argue, he would not be able to cover costs like his mortgage, utilities, taxes and other homeowner expenses.

On June 26, Karol testified before New York City Council against proposed legislation that would require Airbnb and other home-rental sites to re-



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INTERVIEW



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BIOTECHNOLOGY
LIFE CHANGING THERAPEUTICS

Brooklyn invite-only club is inviting guests to a free workout this summer at its 'pop-up' gym

Ghost is billing itself as "changing the game of fitness," even before it officially opens its Williamsburg doors in the fall.

And while gym rats have to wait till fall to see what goes into creating an exclusive, invitation-only gym, Ghost is offering weekend warriors an early chance to experience one of their cutting-edge training programs.

Every Saturday and Sunday until its grand opening, Ghost will be offering 10 a.m. "microgroup" workouts for people at their temporary pop-up gym, located on Berry and North 5th St. According to founder Aqib Rashid, these free sessions allow Ghost to introduce itself to the fitness community.

"We created this pop-up as our first entrance into the public eye," says Rashid. "Prior to this we'd been building the com-



COURTESY GHOST

pany entirely in stealth. ... It was further important for us to really solidify roots in our birthplace of Williamsburg."

Rashid says Ghost is equal parts fitness lounge and part technological data driven platform. In layman's terms, you'll be pushing Prowler sleds, jabbing and uppercutting through boxing drills, even tossing around heavy weights with some of the most technologically advanced equipment on the fitness market.

"We've looked to build

Ghost with an eye toward innovation. It's our mission to fundamentally change the consumer experience in retail fitness," Rashid said.

You'll also be raising a toast prior to dropping for some burpees: A courtesy nutritional preworkout "shot" is offered before each workout.

"We've repurposed it as a means of getting clients fired up before a group session," he says.

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Escaping to the Hudson Valley may be easier with Catskill Carriage's new bus route pilot on Aug. 3-5. GABRIEL BRODBAR

Hudson Valley a luxury bus ride away with new Catskill Carriage route

Escaping upstate may soon be easier sans car with Catskill Carriage's Aug. 3-5 pilot — just in time for the And North Soiree on the Railway.



NIKKI M. MASCALI
nikki.mascali@metro.us

Longing to escape the sweltering New York City summer for the fresh air and bucolic landscapes of the Hudson Valley? It may soon be easier to do sans car thanks to a new bus route pilot from Catskill Carriage.

On Aug. 3, Catskill Carriage will test run its aptly named Hudson Valley Escape at 3 p.m. from Haymaker Bar on West 29th Street to Mohonk Mountain House in New Paltz; Senate Garage in Kingston; Sportsman's Cantina in Phoenicia and Scribner's in Hunter. Return service will leave Scribner's at 2 p.m. Aug. 5. Both trips are estimated to take just over four hours.

Tickets are \$55 each way if purchased five days prior, \$65 one

to four days before or \$68.75 day of. Anyone buying a ticket on the inaugural Hudson Valley trip is entered to win a \$500 gift certificate to Mohonk Mountain House.

"We think there's a really big market in the fall and winter to establish this route."

Gabriel Brodbar

Known as the "Hamp-ton's Jitney for Upstate New York" since its official launch in May, Catskill Carriage has been "inundated with requests" for additional service beyond its two current weekend routes to the Catskills, founder Gabriel Brodbar said.

As the other two routes run from Memorial Day to Columbus Day, Brodbar hopes the response to the Hudson Valley pilot "is strong enough that we would immediately start running either on specially

selected weekends or, ideally, all weekends for this to become a well-established option" by leaf-peeping season, he said. "We think there's a really big market in the fall and winter to establish this route."

Among Catskill Carriage's partners on this Hudson Valley pilot is And North, which is hosting its second-annual Soiree on the Railway on Aug. 4, a scenic train ride through the rustic Catskill countryside that features local fare, live music and dressed-to-the-nines attendees.

And for those thinking the pilot might be a packed-to-the-gills ride to the Hudson Valley on any old bus, your chariot is not only outfitted with free Wi-Fi, ample legroom and individual power outlets, there's also beverage and drink service and Aesop products in the restroom.

Though the bus can fit 54 "quite comfortably, we like to cap sales at about 40 to provide more comfort and elbow room," Brodbar said.

For more info on Catskill Carriage's Hudson Valley route, visit catskillcarriage.com.



Pat King
Grumble Editor

SOCIAL-MEDIA FATIGUE

How do people do it? How do you switch off from social media? Lately, I've been starting to get weary every time I log onto my accounts — or even unlocking my phone for that matter. Early last year I tried to combat this by deactivating my Facebook. To be honest, it felt great to be free of some of the



nonsense that was pummeling my feed day in and day out. But I did begin to lose touch with friends. Many jobs — including this one — require you to stay plugged in to things like

Facebook and Twitter and it can create this surreal blur between what your professional life and your social life is. I thought Instagram would be my solution. But lately I feel that the neverending

feed of stories and ever-plunging scroll of photos has taken the place of all of the accounts I've been trying to avoid. So here is my question to you, my fellow Grumblers: How do you keep

yourself from using social media TOO much? Please send us all of your recommendations or innovative tips that people can use to make better use of your time away from your screens.

Tell us what
you think!



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GRUMBLE WINNERS:

In other news, it is time to announce our Grumble of the week! This Grumble champion will be given a \$25 gift card to Amazon Prime. This week's winner is John Dziedzic from New York and his Grumble regarding trucks and buses that take up space in crosswalks. Congratulations, John! Make sure to send us your submissions to grumble@metro.us.

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The winning caption from James Barrett, *Metro Boston* reader

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Aries Don't let anyone stifle your plans. Get your responsibilities out of the way early so you can enjoy downtime with people you enjoy hanging out with.



Taurus Don't argue. If you want something done, do it yourself. Be responsible for your actions and reliable and consistent when dealing with others.



Gemini Keep moving forward, regardless of what others do. Be up-front about the way you feel to avoid a personal situation that could be awkward.



Cancer Be creative and use your imagination when it comes to utilizing your skills and making personal improvements. A reunion will be informative.



Leo Put more effort into your personal life, home and lifestyle, but don't overspend or feel the need to buy someone's love in the process. Use your intelligence to win favors.



Virgo Don't let your emotions interfere with your responsibilities or professional opportunities. Put your differences aside if it means getting ahead.



Libra Help a cause or get involved in an event that will bring you in contact with interesting people. Your charm and knowledge will attract attention and encourage opportunities.



Scorpio Be open to suggestions. If you overreact or make a fuss, you will be met with opposition. Focus on what you can accomplish instead of fighting a losing battle.



Sagittarius Make what you do at work count. Step up and take on more responsibility. The way you handle others will result in a leadership opportunity. Be aware of someone trying to undermine you.



Capricorn An emotional move will work against you. Listen and watch to see what others do before you respond. Don't feel pressured to take on someone else's responsibilities or concerns.



Aquarius Make simple plans and stick to what's affordable and realistic. Don't let a last-minute change that someone makes lead to a heated argument. Keep the peace and do your own thing.



Pisces If you offer your skills and services, you will be rewarded. A gift or financial gain will come from an unexpected source. A romantic gesture will improve your personal life. EUGENIA LAST

WKND

Director Antoine
Fuqua explains.GREGORY WAKEMAN
Gregory.Wakeman@metro.us

Hard-hitting, brutal as well as poignant and touching, it was no surprise when a sequel to "The Equalizer" was greenlit following the action film's \$192 million gross back in 2014.

Especially because it paired director Antoine Fuqua with Denzel Washington for a fourth time, as the duo looked to continue the story of Robert McCall, the retired CIA Black Ops operative who is now a vigilante, and who becomes even more incensed after a former colleague is murdered. During a recent chat with Fuqua, "The Magnificent Seven" and "Training Day" director

admitted that Sony actually inquired about doing a sequel long before the first film had even come out.

"Talking about it started after the first test screening for 'The Equalizer.' We scored like a 91 or 92 with the audience," says Fuqua. "At the time, Amy Pascal was the head of the studio, so the conversations started then."

"They got much more real after the film opened, and then Richard went off to write the script," he adds. "A year later, we all got a draft that was pretty strong and pretty much the movie you see."

But while Fuqua and Washington were immediately interested in doing "The Equalizer 2," the duo also wanted to make sure that the follow-up felt unique and still appealed to those that missed the original.



Denzel Washington is back in action. SONY PICTURES

"Most of the conversations I had with Denzel were, 'If we do another one the script had to be different from the first. It can't be the same movie. And it has to stand alone for the people that didn't see 'Equalizer 1'. Just as

a movie," Fuqua says. "That was really what our focus was. We didn't even really use the word sequel. That's more of a business term that studios use, it was not for us."

But how did Fuqua

make sure that "The Equalizer 2" still connected to "The Equalizer"?

"The most important thing for me was that Robert McCall the character, his basic essence is the same, in that he stands for justice, he has certain qualities and OCDs, and he always gives the bad guys, most of the time, a chance to do the right thing. There were certain things like that, that we held on to as character traits," Fuqua explains. "From the first film we also learned that, you know, there's a tendency in Hollywood to get a little jaded. You know, you think everyone is a tough guy who likes these movies."

"In the screenings, people seemed to care a little bit more about the smaller things. The action scenes were fun, they talked about the

corkscrew a lot, that kind of thing. But we really tried to put a lot more energy into what people seemed to resonate with, which was they cared about other people," he adds. "They cared about the simple things, like him trying to help young people, spend time with people. In the first film there was a girl called Jenny, who got her ring stolen, and he went to get it back. When she opens the draw and sees the ring, the audience just started clapping."

Fuqua says that he was surprised by this.

"I was surprised, because I was thinking I was getting older and getting soft," he says. "But no, it was interesting to learn that people care about the simple things as well as the big sweeping action."

"The Equalizer 2" debuts in theaters July 20.

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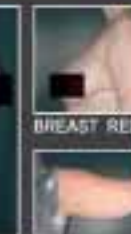
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Lily James has a deep connection to 'Mamma Mia! Here We Go Again'

The actress discusses the "Godfather II" of musical movies.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

It is easy to understand why Lily James was nervous about starring in "Mamma Mia! Here We Go Again."

It wasn't just that the 2008 original was a smash, taking in over \$615 million to become one of the highest-grossing musicals of all time, but James also had the task of playing a young version of Meryl Streep, arguably the greatest actress of all time. James recently told Metro that, although she was hesitant for the above reasons, ultimately, her past connections to both the West End musical and the

first film meant that the offer was just too good to turn. Much to the skepticism of her agent.

"My agent originally sent me the script for the 'Mamma Mia' sequel, and was almost like, 'Hey, how do you feel about this?' and I think they weren't really sold on the idea," she says. "But I was like, 'This sounds amazing. You guys don't know me at all if you think I don't want to do this.' Because musicals and 'Mamma Mia' have been something that have been part of my life since I was young and a teenager. So I was so excited at the thought of going back to that and seeing what that would mean."

James' excitement only increased once she got on-set. In fact, when I asked the all singing and dancing actress what her favorite number to sing

during production was, at first she found it difficult to pick one out.

"Oh God, all of it," was James' response, before she quickly settled on, "'Mamma Mia.' I think because you can see it in a very different setting to the first film."

"This time it is Donna and the Dynamos, they're rocking out, they're this girl band all together, for me to sing that alongside Jess and Alexa, who are just so extremely talented, and we were really close, and there really was a feeling of girl power," she says. "I just felt like I was in a girl band, and it was really exhilarating and powerful and I just loved it."

"Mamma Mia! Here We Go Again" could be called "The Godfather 2" of musicals. Well, at least when it comes to its plot,



"Mamma Mia! Here We Go Again" debuts in theaters July 20. GETTY IMAGES

as it dovetails as both a prequel and a sequel.

We see James' Donna, just out of university and exploring Europe, which is where she becomes romantically entangled with Sam, Bill and then Harry, alongside the story of Sophie (Amanda Seyfried) and the rest of the original troop trying hard to run Donna's villa.

In the midst of these trials and tribulations we, of course, get to see the cast exuberantly singing and dancing along to plenty of Abba hits. So exuberantly that it is impossible

not to get caught up in the sheer joy of it all.

The success of the original "Mamma Mia," "La La Land" and, most recently, "The Greatest Showman" prove that audiences are keen to join in with such fun, and James has devised her own theory behind the resurgence of the genre.

"I think that right now, more than ever, people just want to go to the cinema, and there is an element of escapism of leaving yourself and trying to escape the realities of the moment," she says. "Ev-

eryone needs a little bit of cheering up. Thing there is a spirit and defiance in musicals.

"Just look at 'The Greatest Showman.' It reveals in the unusual and imperfect, and it made that something glorious. And I think that's a reaction to the world that we are in," James adds. "That's the same with 'Mamma Mia.' Also 'Mamma Mia' celebrates and revels in women and motherhood and that bond between mother and daughter and family being unconventional."



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WEEKEND, JULY 19-22, 2018

'Wynonna Earp' star on the humanity of genre television

Star Melanie Scrofano gets us ready for season three.



ANDREW HUSBAND
letters@metro.us

If the phrase "peak TV" best describes the current reality of what's available to watch on the small screen, then "peak genre" works just as well to characterize a facet this moment as well. Superhero stories lifted from the pages of comic books dominate theaters and televisions alike, as do tales of monsters, demons and the heroes who vanquish them.

Or, to be more specific, heroines, like the title character in Syfy's hugely popular original series "Wynonna Earp," which debuts its third season Friday. Created by Emily Andras, the show follows the adventures of Wynonna, the great-great-granddaughter of the famed lawman Wyatt Earp, as she endeavors to protect herself, her sister Waverly and the residents of the small town of Purgatory from the demons her family is cursed to fight.

Canadian actress Melanie Scrofano, who brings Wynonna to life with a mesmerizing combination of wild wonder and wit, spoke to us about the third season. She drove home the point that, while "Wynonna Earp" is definitely a combination of seemingly disparate genres like sci-fi, horror and westerns, it's mostly a "human" tale.

"It's about a woman facing her demons. She can either crumble, or she can wake up every day and decide to fight. And how human is that?" she explains. "At the base of all monster stories, there are real human people having to deal with real

life issues, like finding out who they are and their place in the world."

She adds that "the family dynamics are huge on our show" and references her rapport with Dominique Provost-Chalkley, who plays Waverly. "It's about sisterhood, motherhood and how you navigate those during the crazy moments in your life. At the end of the day, the thing about genre is, it's all just a metaphor for what's going on in real life. It's just a girl choosing to face her demons instead of hiding from them. I think you can really find strength in that."

"Wynonna Earp" is very much a show about family, both blood-related and otherwise, and everything Andras and her cast do successfully makes this a reality. At the same time, the incredibly vast fandom that supports it serves as a testament to just how important the

concept of "family" is to the series.

"It just really reinvigorates the reason you're doing it," she says. "With genre, it's easy to become complacent and go, 'It's a monster. It's a whatever.' But when you meet people, or talk to them on Twitter, and see how engaged they are, how invested they are in your character and others, or how it has affected them, it just reignites that thing inside of you that makes you want to make it real for them. It just sort of reignites the spark."

Asked if the positivity of the "Wynonna Earp" fandom always works in this way, even on the bad days that everyone has on occasion, Scrofano agrees. "Exactly. They're like the fuel of the show. It basically gives me the gas to keep going. Oh, you should definitely print that!" she laughs. "They give me gas."

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Vaya con tiki

There's nothing more refreshing during summer than a sip of the islands. It's officially rum season, and we've rounded up some of our favorite new tiki cocktails around the city.



EVA KIS
eva.kis@metro.us



Vaya Kon Tiki

The must-have tiki drink of the summer comes from **The Polynesian**, where "tiki pirate" Brian Miller is shaking up a menu of the most iconic tiki drinks alongside plenty of his own creations. Chief among them sits the Vaya Kon Tiki, a sweet-spicy concoction made with coconut rooibos tea-infused rums, cayenne-coconut cream, ginger, cinnamon and tropical juices, served in a skull — as it should be. 400 W. 42nd St., Hell's Kitchen



Night of the Living Dead

Nitehawk Cinema is as good a place for drinks as it is for movies. Their executive chef Michael Franey is back after spreading his wings in the culinary world with a revamped summer menu that includes a tribute to the 1968 classic *Night of the Living Dead*, a take on the classic Zombie made with light rum, Jamaican rum, lime, grenadine, pineapple, grapefruit and housemade falernum. \$12, 136 Metropolitan Ave., Williamsburg



Painkiller

You won't be feeling much of anything let alone pain once you get to the bottom of the Painkiller, served at the ground-floor bar of **The Standard, High Line**. Made with a blend of coconut puree, passion-fruit, pineapple juice, lime, mint and Santa Teresa 1796, the key to this fruity refresher is to close your eyes. Imagine a beach with some gently swaying palms, and the drink will do the rest. 848 Washington St., Meatpacking District



Oleo Daiquiri

The West Village's whimsical tropical bar **Happiest Hour** has the relaxed vibes while still taking its food and cocktails seriously. Its Oleo Daiquiri mixes the best of the islands with a South American flair, including Jamaica's prized Appleton Reserve rum, Santa Teresa Claro rum from Venezuela and Rhum JM 80° from the French West Indies, and keeps it simple by adding just lime and lemon oil. 121 W. 10th St., West Village



Blufields Swizzle

Sweet Nicaraguan restaurant and bar **Chicha** just landed in Bushwick, with traditional street bites and an extensive rum-focused drink menu — but the star of the show is the Blufields Swizzle. The cocktail's purple color puts it firmly on trend and is made with bar director Marshall Altier's own "Chicha funky rum blend," falernum, banana liqueur, coconut, lime and butterfly pea flower. 198 Randolph St., Bushwick



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Wayne Thiebaud (b. 1920), *Nine Jelly Apples*, 1964, watercolor and graphite. Yale University Art Gallery, Gift of George Hopper Fitch, B.A. 1932. Photography by Tony De Camillo, © Wayne Thiebaud/Licensed by VAGA, New York, NY.

YOUR WEEKEND STARTS NOW

Watch humanity fall and fascists rise

Whether you're a fan of The Americans or Handmaid's Tale, you can't deny our current craving for evocative and dark political dramas. That's why it's no surprise that twisted artistic visionary Ivo van Hove has taken on a cinematic/theatrical remake of Luchino Visconti's The Damned, about the collapse of a steel dynasty amid the rise of the Nazis and the personal dramas of political and economic power. Through July 28, Park Avenue Armory, 643 Park Ave., \$35-\$175, armoryonpark.org

Snap some Instas while getting healthy

Want to get a little gym time and some glamorous snaps? Coconut water brand Vita Coco is launching a one-weekend only immersive pop-up called The Pop Shop in Soho, with four colorful rooms themed to its new Sparkling flavors and a packed schedule of free fitness classes, workshops, panels and more that you can RSVP for through Eventbrite. July 20-22, 11 a.m.-8 p.m. 138 Wooster St. by Vita Coco. free, eventbrite.com



Discover the Hemingway to live

Raise your glass to a literary icon with a birthday bash for Papa Hemingway at Freehold this Friday, when the Brooklyn bar and event space is transformed into Old Havana for a night of fun and fundraising. In addition to Cuban food, live music and booze, there will also be cigar rolling and salsa dancing to drive home the theme. Plus, you can roll up your sleeves and get Ernest about some charity casino games to benefit Southside United HDPC. RSVPs encouraged. July 20, 5 p.m., Freehold, 45 S. Third St., Brooklyn, RSVP, freeholdbrooklyn.com

Party like it's 2000

We all know Millennials love a good deal (primarily because we wouldn't be able to survive otherwise). The Y2K: The Millennium Party at Brooklyn Bowl addresses that need by offering half-off lanes all night (mention Bowling Special), plus happy hour prices on drinks from

6-8 p.m. While bowling, enjoy both live music and tunes from DJ Suga Ray all paying homage to the aughts, with hits by the likes of OutKast, Fall Out Boy, Avril Lavigne, Linkin Park and Kelly Clarkson. July 19, 8:30 p.m., Brooklyn Bowl, 61 Wythe St., Brooklyn, \$12, brooklynbowl.com

Go to a T-Pain concert for a good cause

The Build A Dream program helps Brooklyn youth develop tangible talents that will help them get ahead, and you can help by attending the inaugural Brooklyn Spread, with music by T-Pain and Smoke DZA (plus more celebrity appearances) along with food from local restaurants like Sweet Chick and Holy Ground BBQ, all hosted by Hot97's Hip Hop Mike. Proceeds will also go to the Brooklyn Youth Sports Club. July 21, 1-9 p.m., Bell House, 149 Seventh St., Brooklyn, \$10-\$100, brooklynspread.com

Let's talk about sex (with an open bar)

Dig into today's most pressing issues of sex, gender, pleasure and consent at Nuance, a day-long conference presented by Brooklyn's own Dame Products (maker of the Eva vibrator). The event brings together sex educators, activists and other sex-positive people for a day of workshops on mutual pleasure in the era of enthusiastic consent. There will also be a marketplace where you can shop brands like Babeland and Haute Chocolate. Your ticket includes lunch and an open bar happy hour. July 21, 10

a.m.-7 p.m., Second, 849 Sixth Ave., \$60, math-mag.com

Have a free picnic in the park

It's the right time of year for packing a picnic and heading to your nearest green space for an afternoon of lazing about. This Saturday, make Madison Square Park your destination and get one of the hundreds of free picnic baskets being given away by Fairway Market. The baskets are full of healthy and refreshing goodies, as well as a blanket to enjoy them on. July 21, 10 a.m.-4 p.m., Madison Square Park, Flatiron Plaza, Free, fairwaymarket.com

Celebrate 40 years of summer lovin'

Grease is the word this weekend, with a special anniversary screening of the classic musical at the Metrograph. It's hard to believe it's been four decades since Olivia Newton-John and John Travolta stole hearts across cinemas and dominated radio's Top 40. See it again on the big screen in 35mm, followed by a discussion with special guests including movie choreographer Patricia Birch? July 21, 7 p.m., Metrograph, 7 Ludlow St., \$15, metrograph.com

It's street fair season in Park Slope

This weekend is the first of four Summer Strolls coming to Park Slope, with free events running throughout the evening on a closed-off portion of Brooklyn's Fifth Avenue. On Saturday, that will include a Doggy Parade, a '70s Disco Skating Party, and an Empanada Eating Contest, as well as live music, a rock wall, yoga and other fitness sessions. Bars and restaurants along the street will also be taking part in the giant block party from Park Slope's Business Improvement District. July 21, 5-9 p.m., Fifth Ave. btwn 12th and 18th streets, free, parkslope-fifthavenuebid.com

Eat all the ice cream in Brooklyn

Have you found the perfect summer scoop yet? You might at this Sunday's Brooklyn Ice Cream Takedown. One ticket lets you sample all the new flavors, as well as fresh takes on classics, from the likes of Ample Hills Ice Cream, Davey's Ice Cream, Tea-rrific Ice Cream and more. July 22, 2-4 p.m., Brooklyn Bazaar, 150 Greenpoint Ave., Brooklyn, \$25, thetakedown.com T. MICHELLE MURPHY

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Dorothy Finkbeiner, MD, PhD

The study is conducted at the New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institutes of Health.

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Fodor's Travel

The sand is golden, the pace is slow, and at least five ice cream shops are within easy reach. That's the life of a beach town, whether its vibe is funky, historic, trendy, or serene. So what are you waiting for? Here are some of America's favorite beach towns.

La Jolla

Where: California
In a state made for beaching, La Jolla offers the whole package. There are beautiful white-sand beaches, to be sure, but its tony village is filled with seafood restaurants, upscale boutiques, sophisticated cafés, art galleries, and even a playhouse co-founded by

5 Of America's favorite beach towns



La Jolla, California. ALL PHOTOS ISTOCK

actor Gregory Peck back in 1947. Be sure to time it so you catch the sunset from shimmering La Jolla Cove (where you'll also find the famous seals and sea lions).

Gulf Shores and Orange Beach

Where: Alabama
Here's a two-for-one. Gulf Shores and Orange Beach are two little beach towns

sitting on a sublime stretch of sand along the Gulf of Mexico. And while they've got all the beachy amenities (including fab seafood restaurants), this region is also a nature lover's dream. There's a 28-mile flat, paved biking and hiking trail through Gulf State Park. Come during one of the many festivals, including the Hangout Music Festi-

val, with three days of music on the beach; the National Shrimp Festival; and the Hangout Oyster Cookoff.

Ogunquit

Where: Maine
Beachy cottages set against a sparkling blue sea provide the epitome of New England perfection. A turn-of-the-century artist colony and fishing

village, Ogunquit still possesses an artsy vibe with galleries (including the Ogunquit Museum of American Art) and the long-running Ogunquit Playhouse putting on Broadway-worthy shows. The best way to soak up its wild-sea-coast views (and perhaps set up your own canvas) is to stroll Marginal Way, a paved footpath running from the harbor to Ogunquit Beach, meandering past tangled bayberry and bittersweet bushes and pink and white sea roses along granite cliffs.

Chincoteague

Where: Virginia
The island resort town of Chincoteague offers something no one else can: adorable wild ponies roaming its beach (which are actually horses, just small from their salty-marshland diet). Anyone who's familiar with the child's story *Misty of Chincoteague* knows that Marguerite Henry wrote the whole story right

here, based on her real-life story of attempting to raise a wild filly. You can stay at Miss Molly's, where, in 1947, Henry researched the tale. Spend long days at the beach, kayaking, and fishing, and enjoy fresh regional seafood at many local restaurants (try Bill's Seafood Restaurant).

Cape May

Where: New Jersey
Cape May may be the nation's oldest seaside resort, dating back to the 1790s, but it's no ancient relic. This charming beach town thrives, with pristine beaches, upscale restaurants and shops along Washington Street Mall, a full roster of year-round events and festivals, and even wineries popping up nearby. But what this town does best is its meticulously restored, garden-adorned Victorian houses—more than 600 of them, today occupied by romantic B&Bs, restaurants and boutiques.

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This exhibition was developed collaboratively by The Andy Warhol Museum and the Art Gallery of New South Wales, Sydney.

Apps that will protect you from **UV** rays

Summer is here, and that means it's time to go to the beach. Technology can be a great ally when it comes to protecting you from the negative effects of UV rays, which are more intense at the beach. Metro rounds up some of the best apps to protect you from UV rays. **DANIEL CASILLAS MWN**

SeeUV

Most of us don't realize the damage that exposure to UV can do to us, that's why SeeUV, developed by SunSmart, uses augmented reality to show you what your skin might look like if you do not protect it from the sun. It also acts as a gauge tool current UV radiation levels.



UVLens

It's not easy to determine the levels of solar radiation at the beach. However, an app called UVLens shows us when we need to take extra care. It also indicates the amount of time we can spend in the sun without sunscreen and reminds us when we should reapply.



QSun

In addition to measuring the intensity of UV rays, QSun seeks to get users to control their exposure to UV rays so that they get vitamin D without it becoming harmful to the skin. The app uses the phone's GPS and area weather forecast to monitor UV rays and provide information to the user.



Sunscreenr

We don't always apply sunscreen correctly — we miss spots, and we don't realize how often we need to reapply. The Sunscreenr app and camera has a sensor that can see UV light perfectly helps detect where it is necessary to put on your sunscreen.



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OPINION

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**Bet on Bears
signal-caller**

The Bears selected Mitchell Trubisky second overall in 2017 but nobody really had any expectations of immediate success. The team around him was bad, particularly in the receiving corps, and there was simply very little asked of him—it was a run-first team. However, the Bears front office has done its best to get Trubisky the tools he needs to succeed in 2018. Perhaps, most importantly, the Bears hired the vertically-minded Matt Nagy as their head coach, and he'll certainly bring more of a pass-heavy game plan to training camp.

They also surrounded Trubisky with weapons, spending a second-round pick on dynamic wideout Anthony Miller and adding former Jaguar WR1 Allen Robinson, athletic tight end Trey Burton and speedster Taylor Gabriel to the offensive mix. The cards are falling in the right place for Trubisky to take a huge leap forward in 2018, which makes him well-worth the late-round flier he'll cost you on draft day if you wait on quarterbacks (and you should).

**All about
opportunity**

After sneaking into the playoffs last year, there is very little chance that the Buffalo Bills will do any contending in 2018. Their offensive line was decimated by retirement and injury, their quarterback situation is murky at best and they simply don't have the roster to contend with the big dogs of the AFC. That certainly doesn't mean there isn't fantasy value to be found, though. Big-bodied wide receiver Kelvin Benjamin is (as of this writing) finally healthy, and as the Bills will likely be playing from behind in many games, the onus will be on Benjamin to



Bears quarterback Mitchell Trubisky is entering his second season in the NFL. ALL PHOTOS GETTY IMAGES

help them claw their way back. With career backup A.J. McCarron likely the starting QB in Week 1 and first-round pick Josh Allen waiting in the wings, it's fair to say the Bills have very little to lose by maintaining a conservative game plan. It will still be a run-first team, but they'll need to take their shots in the air if they want to stay in games, and Benjamin should be the main beneficiary, because, well...who else will it be? It's all about opportunity for Benjamin, and that should allow him to return at least low-end WR2, high-end WR3 numbers all season.

**Change of scenery
hurts Cooks**

Brandin Cooks has been a mainstay atop the wide receiver rankings for three years now. He's had three straight seasons of at least 1,000 yards and seven touchdowns, but after being shipped from the Patriots to the Rams in the offseason, his prospects are very likely to dip. There is certainly nothing wrong with the Rams offense—they were the highest-scoring offense in 2017 and ranked in the top 10 in total yards as well. What is unfortunate for Cooks is the role he will likely

play. The case can be made that he's the most talented wide receiver on the roster, but as such he'll likely be called on for deep balls and big plays. While that certainly has value, particularly in the touchdown department, that will almost certainly lead to fewer touches. Jared Goff has a rapport and trusts three players who all do their damage down low and across the middle (Todd Gurley, Robert Woods and Cooper Kupp), and Cooks will likely have the role that Sammy Watkins played last year—the big-play threat. In this offense that role

will definitely at least muster flex value, but I don't think it's enough to warrant Cooks' current top-50 overall ADP.

**Draft sleepers
of the week**

Nyheim Hines, RB, Indianapolis Colts
The Colts selected Hines in the fourth-round of the draft, but his skill set plus the return of a theoretically healthy Andrew Luck has some experts dreaming of a poor man's Alvin Kamara. In the late rounds, you should absolutely take a shot on that potential.

DeVante Parker, WR, Miami Dolphins
Jarvis Landry is no longer there to hog targets, and Parker is still just 25 years old. He has a great shot at being a post-hype sleeper, and a breakout, 1,000-yard season is definitely possible here.

David Njoku, TE, Cleveland Browns
The Browns didn't select him in the first round last year for him to block. He's a freak athlete and now that there is more stability at the quarterback position he had a great chance to finish the year as a TE1.

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Could Le'Veon Bell be a Jet in 2019?

The Steelers and their star running back could not agree on a long-term contract yet again.



JOE PANTORNO
joseph.pantorno@metro.us

The NFL's Monday deadline allowing teams to negotiate a new contract for their franchise players came and went on Monday and once again, the Pittsburgh Steelers and star running back Le'Veon Bell were unable to come to terms.

Bell reportedly turned down a massive five-year, \$70 million (\$14 million per year) offer just hours before the deadline. According to NFL Network's Aditi Kinkhabwala, Bell was looking for a deal that would pay him near \$17 million per season.

NFL.com's Ian Rapoport added that Bell was

not satisfied with the guarantees worked into the deal.

All this points to Bell hitting free agency at the end of the 2018 NFL season as one of the most highly-coveted talents available. Even his agent Adisa Bakari told ESPN's Adam Schefter that "this now will likely be Le'Veon's last season as a Steeler... It became clear the Steelers wanted to pay the position, not the player."

Bell is already the highest-paid running back in the game as he's set to make \$14.5 million this year before he hits the market.

Even with injury and occasional off-field problems, the paycheck is deserved for such a talent. As one of the best dual-threat talents out of the backfield, Bell has amassed over 1,800 yards from scrimmage in three of the past four seasons, the lone exception coming in 2015 when his year was limited



With Le'Veon Bell expected to hit free agency next year, the Jets could be major players. GETTY IMAGES

to just five games.

If there were any questions about his durability, he answered them as best as anyone could last year, leading the league with 321 rushes while putting up 1,291 yards on the ground with nine touchdowns. He added 85 receptions for 655 yards as a receiver. The 406 touches were the most by any non-

quarterback in the league in 2017, 60 more than second-place LeSean McCoy of the Buffalo Bills. Only DeMarco Murray in 2014 and Chris Johnson in 2009 had more touches in any year over the last decade.

While there is bound to be plenty of interest around the 26-year-old, there is one team that is in a very intriguing position

to make a run at him: The New York Jets.

It's worth noting that Bell famously tweeted back in February that \$60 million "ain't enough to run for the Jets," but things have changed since then.

The Jets are poised to become a legitimate threat in the AFC in two or three years should

rookie quarterback Sam Darnold, drafted No. 3 at the 2018 NFL Draft, develop into the franchise arm that he is expected to be. There are wild cards in the wide-receiving corps, but there is plenty of talent with Jermaine Kearse, Quincy Enunwa and Terrelle Pryor.

On top of that, running back Bilal Powell will also be a free agent at the end of the 2018 season while Isaiah Crowell has a potential out next winter, which means the Jets would be in dire need of an every-down back.

Bell could be just that and with the Jets expected to have close to \$90 million in cap space, there would be no issue meeting Bell's contractual demands. That kind of talent in the backfield to support the young Darnold could do incredible things for the quarterback's development in the NFL while making Gang Green a force to be reckoned with in the AFC East.

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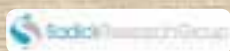
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SUPREME COURT
COUNTY OF QUEENS
CITIMORTGAGE, INC.,
Plaintiff -against- TERRY HANDY,
JOAN MOORE A/K/A JOAN P.
MOORE, et al Defendant(s).
Pursuant to a Judgment of
Foreclosure and Sale entered
herein and dated February 16,
2017, I, the undersigned Referee
will sell at public auction at the
Queens County Supreme
Courthouse, 88-11 Sutphin Blvd.,
in Courtroom # 25, Jamaica,
NY on August 3, 2018 at 10:00
a.m. premises situate, lying
and being in the Borough and
County of Queens, at Laurelton,
City and State of New York,
more particularly bounded and
described as follows: BEGINNING
at a point on the Easterly side
of 228th Street, distant 753
feet Southerly from the corner
formed by the intersection of
the Southerly side of 131st
Avenue, also known as 131st
Road with the easterly side of
228th Street; being a plot 100
feet by 40 fee by 100 feet by 40
feet. Block 12938 and Lot 113.
Said premises known as 131-77
228TH STREET, LAURELTON,
NY. Approximate amount of lien
\$698,531.06 plus interest and
costs. Premises will be sold
subject to provisions of filed
Judgment and Terms of Sale.
If the sale is set aside for any
reason, the Purchaser at the
sale shall be entitled only to a
return of the deposit paid.
The Purchaser shall have no
further recourse against the
Mortgagor, the Mortgagee or the
Mortgagee's attorney.
Index Number 28047/2009
HEIDI HEULE, ESQ., Referee
David A. Gallo & Associates LLP
Attorney(s) for Plaintiff
99 Powerhouse Road, First Floor
Roslyn Heights, NY 11577
File# 7982.42

NOTICE OF SALE
SUPREME COURT
COUNTY OF QUEENS
JPMorgan Chase Bank,
National Association,
Plaintiff - AGAINST Joel
Johnson a/k/a Joel M Johnson
a/k/a Jody Johnson a/k/a
Jody G Johnson; et al.,
Defendant(s)
Pursuant to a Judgment of
Foreclosure and Sale duly
dated January 12, 2018, I, the
undersigned Referee will sell
at public auction at the Queens
County Supreme Courthouse,
Courtroom #25, 88-11 Sutphin
Boulevard, Jamaica, New York
on August 3, 2018 at 10:00AM,
premises known as 139-29 229th
Street, Laurelton, NY 11413.
All that certain plot piece or
parcel of land, with the buildings
and improvements erected,
situate, lying and being in the
Borough and County of Queens,
City and State of NY,
Block 13184 Lot 22.
Approximate amount of
judgment \$411,708.83 plus
interest and costs. Premise will
be sold subject to provisions
of filed Judgment
Index # 707265/2015.
Gerald Chiariello II, Esq.
Referee
Shapiro, DiCaro & Barack, LLC
Attorney(s) for the Plaintiff
175 Mile Crossing Boulevard
Rochester, New York 14624
(877) 759-1835
Dated: May 14, 2018

LEGAL NOTICES**NOTICE OF SALE**

SUPREME COURT
COUNTY OF QUEENS
DEUTSCHE BANK
NATIONAL TRUST
COMPANY AS TRUSTEE
FOR WAMU MORTGAGE
PASS-THROUGH
CERTIFICATE SERIES
2005-AR2, Plaintiff
AGAINST Terriann Kava
and William Kava AKA
William J. Kava, et al.,
Defendant(s) Pursuant to a
Judgment of Foreclosure
and Sale duly dated May 02,
2018 I, the undersigned
Referee will sell at public
auction at the Queens
County Supreme Courthouse
in Courtroom #25, 88-11
Sutphin Boulevard, Jamaica,
New York, on July 27, 2018
at 10:00AM, premises known
as 60-19 61ST STREET,
MASPETH, NY 11378.
All that certain plot piece or
parcel of land, with the
buildings and improvements
erected, situate, lying and
being in the Borough and
County of Queens, City and
State of New York,
BLOCK 2746, LOT 13.
Approximate amount of
judgment \$367,652.92 plus
interest and costs. Premises
will be sold subject to
provisions of filed Judgment
for Index# 5829/2013.
Richard Piccola, Esq.,
Referee
Gross Polowy, LLC
Attorney for Plaintiff
1775 Wehrle Drive, Suite
100 Williamsville, NY 14221
54980

NOTICE OF SALE
SUPREME COURT-
COUNTY OF QUEENS
DEUTSCHE BANK
NATIONAL TRUST COMPANY,
AS TRUSTEE FOR LONG
BEACH MORTGAGE LOAN
TRUST 2005-WL1, Plaintiff,
AGAINST JERONIMO LUCAS,
et al. Defendant(s) Pursuant to a
judgment of foreclosure and sale
duly entered on May 3, 2018
I the undersigned Referee will sell
at public auction at the Queens
County Supreme Court, at 88-11
Sutphin Boulevard, Jamaica, New
York, 11435, in courtroom #25
on August 10, 2018 at 10:00 AM
premises known as 59-34
SUMMERFIELD ST, RIDGEWOOD,
NY 11385 All that certain plot
piece or parcel of land, with the
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thereon erected, situate, lying and
being in the Borough of Queens,
City and State of New York.
Block 3589 and Lot 19
Approximate amount of judgment
\$554,753.56 plus interest and
costs. Premises will be sold subject
to provisions of filed Judgment.
Index #704774/2015.
GARY DARCHE, ESQ., Referee,
Aldridge Pite, LLP -
Attorneys for Plaintiff -
40 Marcus Drive, Suite 200,
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ASSOCIATION AS TRUSTEE
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SECURITIES CORPORATION,
MORTGAGE PASS-THROUGH
CERTIFICATES, SERIES
2006-AR19, Plaintiff AGAINST
NORMA LOPEZ, et al.,
Defendant(s) Pursuant to a
Judgment of Foreclosure and
Sale duly dated July 10, 2017
I, the undersigned Referee will
sell at public auction at the
Queens County Courthouse
in Courtroom #25, 88-11
Sutphin Boulevard, Jamaica,
New York on August 03, 2018
at 10:00AM, premises known
as 95-26 107TH STREET,
OZONE PARK, NY 11416. All
that certain plot piece or parcel
of land, with the buildings and
improvements erected, situate,
lying and being in the Borough
and County of Queens, City
and State of New York, BLOCK
9390, LOT 15. Approximate
amount of judgment
\$709,583.95 plus interest and
costs. Premises will be sold
subject to provisions of filed
Judgment for Index# 9552/11.
ALEN R. BEERMAN, ESQ.,
Referee Gross Polowy, LLC
Attorney for Plaintiff
1775 Wehrle Drive, Suite 100
Williamsville, NY 14221 55340

NOTICE OF SALE
SUPREME COURT
COUNTY OF QUEENS
NATIONSTAR MORTGAGE
LLC., Plaintiff against
VISHWAMINTRA PERSAUD,
et al Defendants
Attorney for Plaintiff(s)
Fein, Such & Crane, LLP
28 East Main Street, Suite
1800, Rochester, NY 14614
Attorney(s) for Plaintiff (s).
Pursuant to a Judgment of
Foreclosure and Sale Entered
March 7, 2018 I will sell at
Public Auction to the highest
bidder at the Queens County
Supreme Court, 88-11 Sutphin
Blvd., Jamaica, New York
11435, in Courtroom #25 on
August 10, 2018 at 10:00 AM.
Premises known as 120-12
Van Wyck Expressway,
South Ozone Park, NY 11420.
Block 11702 Lot 27. All that
certain plot, piece or parcel
of land, with the buildings
and improvements thereon
erected, situate, lying and
being in the Borough and
County of Queens, City
and State of New York.
Approximate amount of
Judgment is \$625,097.74 plus
interest and costs. Premises
will be sold subject to the
provisions of filed Judgment
Index No 7572-2010.
David R Ferguson, Esq.,
Referee

NOTICE IS HEREBY GIVEN
that a license, Number 1311969,
for Liquor, Beer & Wine has been
applied for by the undersigned to
sell Liquor, Beer & Wine at retail
under the Alcoholic Beverage
Control Law at 8000 Cooper
Ave., Glendale, NY 11385.
Queens County, for on premises
consumption. Sakana Brothers
LLC.

LEGAL NOTICES**NOTICE OF SALE**

Supreme Court
County of Queens.
Wells Fargo Bank National
Association, as Trustee for
Certificate Holders of Bear
Sterns Asset Backed
Securities I LLC, Asset
Backed Certificates, Series
2007-AC4, Plaintiff AGAINST
Yomi Jagunna t/k/a Tajudeen
A. Jagunna, et al, Defendant
Pursuant to a Judgment of
Foreclosure and Sale duly
dated 5/31/2017 and entered on
6/12/2017, I, the undersigned
Referee, will sell at public auction
at the Queens County
Courthouse, 88-11 Sutphin Blvd.,
Courtroom 25, Jamaica, NY on
August 17, 2018 at 10:00 AM
premises known as 120-11 67th
Street, Jamaica, NY 11434.
All that certain plot piece or parcel
Of land, with the buildings and
improvements erected, situate,
lying and being in the County
Of Queens, City and State of
New York, BLOCK: 12383, LOT: 46.
Approximate amount of
judgment is \$431,014.34 plus
interests and costs. Premises
will be sold subject to provisions
of filed Judgment
Index # 006243/2010.
Alan C. Kestenbaum, Referee
FRENKEL LAMBERT WEISS
WEISMAN & GORDON LLP
55 Gibson Street
Bay Shore, NY 11706

NOTICE OF SALE

SUPREME COURT:
QUEENS COUNTY.
NYCTL 2015-A TRUST AND
THE BANK OF NEW YORK
MELLON, AS COLLATERAL
AGENT AND CUSTODIAN FOR
NYCTL 2015-A TRUST, Ptf. Vs.
CYNTHIA HOPKINS, et al, Defts.
Index #702353-2016.
Pursuant to judgment of
foreclosure and sale dated
Sept. 6, 2016, I will sell at
public auction in Courtroom #25
of the Queens County Supreme
Court, 88-11 Sutphin Blvd.,
Jamaica, NY on Friday, Aug. 17,
2018 at 10:00 a.m. prem. k/a
Block 11012, Lot 66.
Sold subject to terms and
conditions of filed judgment
and terms of sale.
MICHAEL DIKMAN, Referee,
LEVY & LEVY,
Attys. For Ptf.,
12 Tulip Drive,
Great Neck, NY
#95111

NOTICE IS HEREBY GIVEN
that a license, Number 1311320,
for On Premise Liquor, has been
applied for by the undersigned to
sell Liquor, Wine, Beer & Cider at
retail in a Restaurant under the
Alcoholic Beverage Control Law
at 19-33 Ditmars Blvd., Astoria,
NY 11105. Queens County,
for on premises consumption.
Adriaen Block Inc.

NOTICE IS HEREBY GIVEN
that a license, Number 1311484,
for On Premise Liquor has been
applied for by the undersigned to
sell Liquor, Wine & Beer at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 34-18
Steinway St., Astoria, NY 11101.
Queens County, for on premises
consumption. United Stones, Inc.
d/b/a Axoloth.

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LEGAL NOTICES

NOTICE OF FORMATION
of BJL 2017, LLC. Articles of
Org. filed with the Secy. of
State of New York (SSNY) on
12/18/2017. Office location:
New York County. SSNY is
designated as agent of LLC
upon whom process against
it may be served. SSNY shall
mail process to the LLC c/o
50 West 29th St. Suite 7E,
New York NY 10001 which
is also the principal business
location. Purpose: Any lawful
activity.

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option. Metro US reserves the right to edit, reject,
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to convert any classified advertising to alternative
formats for use and publication in other Metro U.S.
publications. It is the advertiser's sole responsibility
to check each ad the first day it is published. Metro
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Zeta Charter Schools is
accepting proposals for Food
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schools during the 2018-19
school year. Contracts will run
from August 15, 2018 –
June 30, 2019. The deadline
for submitting proposals is
August 3, 2018 at 2:00 pm. Bids
will be publicly opened at 222
Alexander Ave., Bronx, NY 10454
on August 3, 2018 at 3:00 pm.
Copies of the RFP are available
by request from Bob Keogh at
bob@schoolfoodsolutions.org

NOTICE IS HEREBY GIVEN
that a license, Number
Pending, for Restaurant Wine
has been applied for by the
undersigned to sell Wine, Beer
& Cider at retail under the
Alcoholic Beverage Control
Law at 220 36th Street, Unit
B104., Brooklyn, NY 11232,
Kings County, for on premises
consumption. Ends Meat LLC.

LEGAL NOTICES

NOTICE OF FORMATION
of GREENBAY ENTERPRISE PARTNERS, LLC. Arts. of Org. filed with the Secy. Of State of New York (SSNY) on 03/22/2018. Office location: New York County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o Sam Kaya, 15 East 40th Street, New York, NY 10016. Purpose: Any lawful activity.

NOTICE OF FORMATION
of 369 Unlimited LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 05/11/2018. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 47 Avenue A, #30 New York, NY 10009. Purpose: Any lawful activity.

NOTICE IS HEREBY GIVEN
that a license, Number 1310762, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail under the Alcoholic Beverage Control Law at 417 419 E. 74th St., Store W, New York, NY 10021. New York County, for on premises consumption. ARC 74th Street LLC.

REAL ESTATE

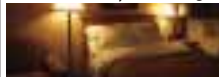
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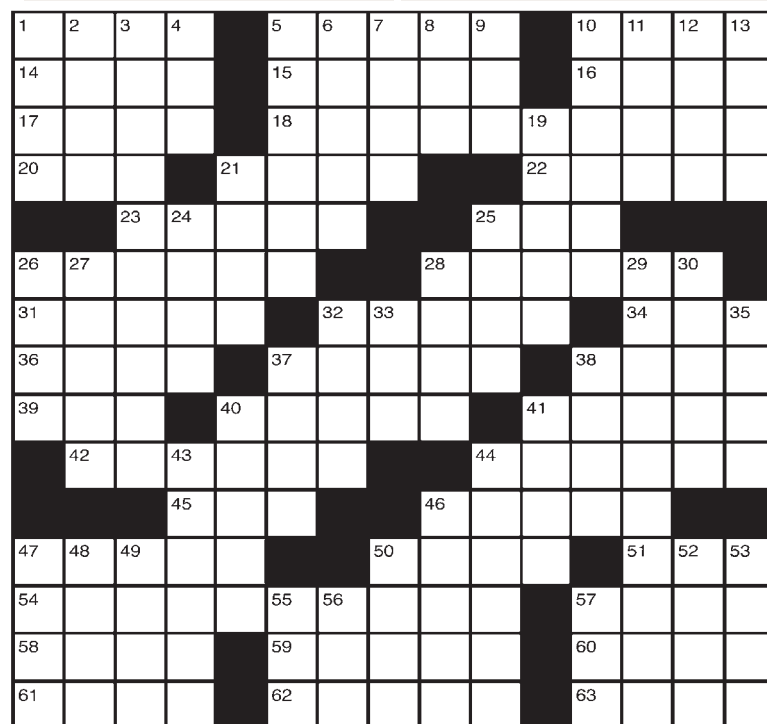
ACROSS

- 1 Carry
5 Boisterous
10 Cushiony
14 All __; listening
15 Sidestep
16 Healthy
17 Fellow
18 Seeps into
20 Attila, for one
21 Torn in two
22 Distressed
23 Waterbirds
25 Prefix for arranged or approved
26 Allow into the group
28 Seashores
31 Remedies
32 Drag one's feet
34 Wheel center
36 Journey
37 VP Agnew
38 Smokey or Yogi

- 39 Drink slowly
40 Nom de __; pen name
41 Insect stage
42 Engraver
44 Smiled broadly
45 Depressed
46 Lariat
47 Fluttering tree
50 Offspring
51 Scourer's pad
54 Yale or Harvard
57 Word in a red octagon
58 Toy with a tail
59 Vital artery
60 Demolish; level
61 " __ Trek"
62 Mike or Cicely
63 Fret; worry

DOWN

- 1 Texas __; school in Lubbock
2 Pearl Harbor's island
3 Student's record
4 Sixth sense, for short
5 Feel remorse
6 Kilns
7 Desire
8 ...FDR, HST, __, JFK, LBJ...
9 However
10 Ovals and squares
11 Dinner in the barn
12 Make a getaway
13 Trial run
19 Not urban
21 Criticizes
24 Sob
25 Explorer Marco
26 Play divisions
27 Last name for a physicist couple
28 Give a hoot
29 Temperature regulator
30 Debonair
32 __ on; incite
33 Conway or Allen
35 Actor Pitt
37 Killed
38 Cries from the flock
40 T-Mobile store purchase
41 Not as much
43 Astute
44 Sprawling tree
46 Game often run by the state
47 Flightless birds
48 In a __; sulky
49 Gyro bread
50 Gentlemen
52 Leak out
53 Gush forth
55 Traitor
56 __ sauce; teriyaki marinade
57 Dads of Jrs.



BY TCA

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Category: Book

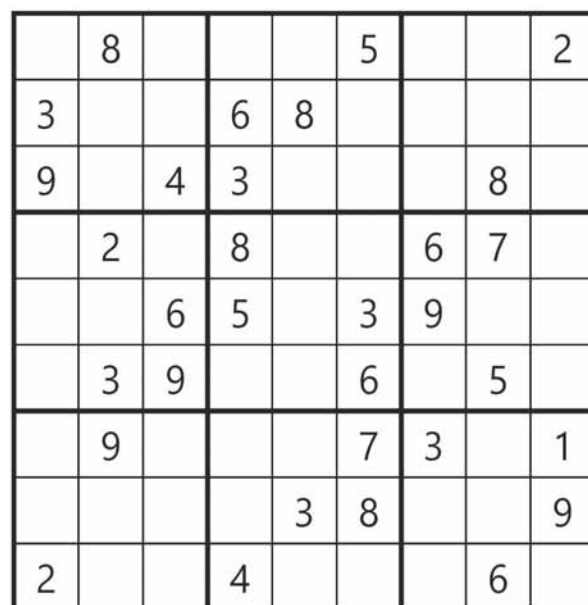


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Carnoustie
Course
Driver
Golf

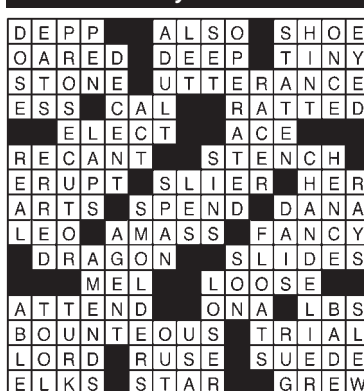
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